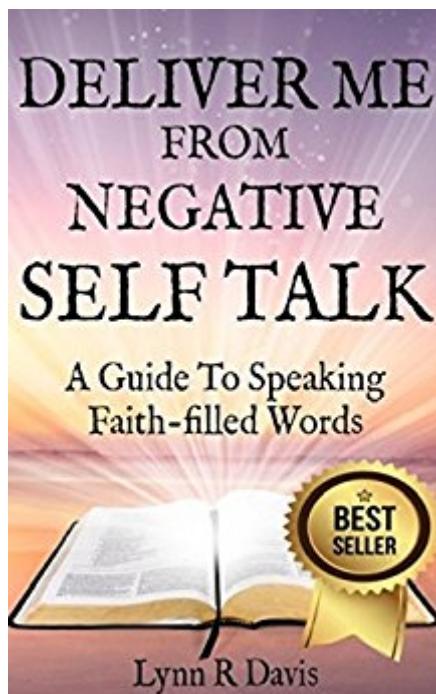


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# Deliver Me From Negative Self Talk:A Guide To Speaking Faith-Filled Words



## Synopsis

If your self talk is negative and you're constantly doubting and down-talking yourself, this book is for you. God wants us to see ourselves the way He sees us. He wants our words and thoughts to be a reflection of His love. This self talk book will teach you to change your self talk and replace negative thoughts with positive reflections of faith. Deliver Me From Negative Self-talk will help you:  
Stop the negative self-talk that is holding you back from God's best for your life  
Speak life-giving words of faith in challenging times that will change your circumstances  
Be a positive influence for others who are struggling with negativity.  
Experience blessings and victory over fear, bad habits, addictions, negative emotions, sickness, relationships self-esteem, weight-loss and so much more. Deliver Me From Negative Self-talk offers daily devotionals as positive self-talk guides using scripture references. You will learn the power of positive self talk through scriptural based phrases. Life and death is in the power of your tongue ". Get "Deliver Me From Negative Self-Talk" and start declaring life instead of speaking negatively (death) over yourself and the ones you love. Visit Lynn's Facebook Page:

<https://www.facebook.com/DeliverMeFromNegativeSelfTalk/>

## Book Information

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## Customer Reviews

We all go through difficult times in our lives, and what can make matters worse is when we sometimes feel as if God has abandoned us or that our situation is beyond His help. Hogwash! This book was an excellent source of inspiration. I read it in one sitting and I'm going to go through it several more times to highlight the life-giving words and verses that the author uses to illustrate how we can transform our lives by transforming our self-talk. It's an easy read and the author uses examples of her own personal struggles to show the reader practical applications of spirit-filled self-talk. While positive affirmations do work, as believers we should have access to those spirit-filled verses in which God tells us the good things He has in store for us. In short, if you need both a quick pick-me-up as well as a powerful primer for transforming your mind and your life, this book is a great place to start.

It is a really inspiring book.. for me . Everything the author share will relate to each person on a different level. Sometimes we forget that God is a loving and living God.

Very inspiring for a lonely and depressed soul like me. NO MORE NEGATIVE THOUGHTS FOR ME!!!! Very very good read

This is a great read. I have been a negative person because I had a very negative mom. I learned that behavior and wanted to get it out of my being. My husband almost left me because I was so negative!!! This book has helped me so much and has taught me how to respond positively. I have to work on it, but God is at work in this and I know He brought this book about for me.

I recommend this book to ALL CHILDREN OF GOD because this is the authority we have in GOD, we got to claim what is ours in Christ Jesus which are HEALINGS, PROSPERITY, SALVATION, VICTORY, BLESSINGS, LOVE, SOUND MIND, LONG LIFE, and lot more. And the only way we can do that is by speaking positively. And I seize this opportunity to invite those who are not yet Christians, to come to Jesus and accept HIM today and all these promises shall also be theirs. GOD bless you all. And GOD bless the writer and his/her ministry in JESUS' name. amen

This book attempts to deal with the problems that result from negative thinking and speech in the life of the believer and how to combat them. The basic premise is that your beliefs, thoughts and speech, in part, create your reality. This is common sense. The author's attempt at putting this in a

Biblical framework I thought was lacking. The problem I had with this book is I really need to accept by faith that the author has done her homework and can be trusted. Many of her assertions are not supported by anything and are just stated as fact. The ones she supports are given partial, sometimes sloppily paraphrased "proof texts" that are given no Biblical context to show the verses support her claims. I was able to walk away from reading this with a few nuggets of truth, but it would be too much work for me to look up every verse and try to discern what that verse is saying in its context, and then apply it to the author's assertions. I think that should be, for the most part, the author's job. There are plenty of minor grammatical/editing issues, too, which for me detracts from the message.

A very common-sense approach which is not new. But the manner in which it is shared is so refreshing! I love that we are given examples of what or how to speak non-negative thoughts! It is SO hard to turn off negativity when it has been a part of my life for SO long!! This short book shows me how to turn to God, whom I know intellectually, but not internally, will save me from distress.

Words are so powerful. It can either help us or it can hurt us. We need to be careful on how we choose our words. There are powers in words that you are speaking. Its have the power of life and death are in your tongue. You will fall into the trap to speak negatively about yourself if you are not mindful. In the book of Proverbs the 18th Chapter and the 21st verse speaks to us  
âœDeath and life are in the power of the tongue: and they that love it shall eat the fruit thereof.â• When you are speaking negative words into your own life, you are actually speaking death into your life. You are a lethal weapon to the devil, armed & dangerous because life and death are in the power of your tongue. The reason why some of us are speaking death into our own life because of the mindset. We are busy allowing poison corrupts our mind. When toxic takes control of your mind you will always have negative thoughts. Your negative words can cause serious damages to you. It can disrupt your sleep. It can ruin your appetite. It can interrupt your ability to experience happiness and satisfaction with life. Having a negative mindset will put you in a circle of deterioration. So use your tongue wisely and speak life. You need to start speaking life. God wants you to experience that joy of living life. This book is definitely perfect for Christian Books Club and Bible Study. I am looking forward to read more books by Lynn R. Davis

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